



# Cappuccino

From: the Makers of LACTAID® Brand Products

Learn how to make an easy  
creamy cappuccino with a splash of  
LACTAID® Fat Free Milk.

 Serves  
2 Servings

**Lactaid**  
BRAND

## Ingredients

1 cup LACTAID® Fat Free Milk  
1 tablespoon sugar  
1 cup prepared coffee, regular or decaffeinated  
Ground cinnamon for garnish

## Preparation

1. Heat or microwave LACTAID® Fat Free Milk for 1 1/2 minutes or until hot.
2. Pour LACTAID® Fat Free Milk and sugar into a blender, cover and blend for 1 minute.
3. Pour coffee into 2 cups. Top each with foamy LACTAID® Fat Free Milk mixture and sprinkle with cinnamon.



For nutrition information, please visit  
[recipes.lactaid.com](https://www.recipes.lactaid.com)